

Consequences of Teachers' (De)Motivating Styles in Physical Education Participant Information Sheet (Parents)

Investigators Details:

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We would like to invite your child to take part in our study. Before you decide we would like you to understand why the research is being done and what it would involve. Talk to other parents about the study before making a decision if you wish.

What is the purpose of the study?

The purpose of this study is to investigate whether students perceive their PE teachers as motivating or demotivating and how this relates to their feelings of autonomy, competence, and relatedness in class. It also examines whether motivating PE lessons are linked with greater overall physical activity outside of school.

Who is doing this research and why?

This study is part of a student research project supported by Loughborough University. It will be carried out by undergraduate students supervised by Dr Christopher Spray, an academic in the School of Sport, Exercise and Health Sciences at Loughborough University.

Are there any exclusion criteria?

To participate in the study, your child must be aged 11-16.

What will I be asked to do?

Your child will be asked to complete an online questionnaire about their PE experiences.

Once I take part, can I change my mind?

After you have read this information and asked any questions you may have, if you are happy for your child to participate, we will ask you to complete an Informed Consent Form. However, once the questionnaire has been completed and submitted, it will not be possible to withdraw your child's (anonymous) data.

Will I be asked to attend any sessions and where will these be?

Your child will not be asked to attend any sessions.

How long will it take?

The questionnaire will take about 30 minutes to complete.

Are there any disadvantages or risks in participating?

There are no risks or disadvantages in taking part in this study.

What are the possible benefits of participating?

The information that your child provides will help to find ways to encourage motivating teaching styles in PE teachers.

Data Protection Privacy Notice

Loughborough University will be using information/data from your child in order to undertake this study and will act as the data controller for this study. This means that the University is responsible for looking after your child's information and using it properly.

What personal information will be collected from me and how will it be used?

No personal, identifiable information will be collected. Your child will only be asked for their gender and year group at school.

Will my taking part in this study be kept confidential?

Submitted questionnaires will be anonymous. All data will be held in accordance with the University's information governance guidelines and will be stored on the University's IT Cloud-based storage system so that it is securely backed up.

How will the anonymised data/results collected from me be used?

The data collected from your child will be used to write a student project.

How long will the anonymised data/results be retained?

The anonymised data will be destroyed once the dissertation has been submitted (by 31st July 2022).

I have some more questions; who should I contact?

If you have any additional questions, please contact Dr Chris Spray.

What if I am not happy with how the research was conducted?

If you are not happy with how the research was conducted, please contact the Secretary of the Ethics Approvals (Human Participants) Sub-Committee, Research & Enterprise Office, Hazlerigg Building, Loughborough University, Epinal Way, Loughborough, LE11 3TU. Tel: 01509 222423. Email: researchpolicy@lboro.ac.uk

The University also has policies relating to Research Misconduct and Whistle Blowing which are available online at <https://www.lboro.ac.uk/internal/research-ethics-integrity/research-integrity/>.

If you require any further information regarding the General Data Protection Regulations, please see: <https://www.lboro.ac.uk/privacy/research-privacy/>.